



# Summit-Atlas

## FEATURE OF THE MONTH

### Montecucco Farms

Farming a total of 500 acres, Montecucco Farms grows cucumbers, rhubarb, beans, rutabagas, turnips, beets and parsnips on more than a dozen scattered parcels of land in Clackamas County. The Montecucco's began farming in 1926 and they are now one of the metro area's largest producers of fresh market vegetables!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Breakfast:</b> Raisin Bran Flakes Bowl, fresh fruit</p> <p><b>Lunch: (V)</b> Mac and Cheese, Whole Wheat Roll - I/W, fresh fruit, and veggies</p> <p><b>Alt. Lunch: (V)</b> Rolled Enchiladas with Refried Beans, fresh fruit, and veggies</p>	<p><b>Breakfast:</b> Apple Chunk Muffin, Yoplait Raspberry Yogurt Cup, Fruit Juice, 10oz</p> <p><b>Lunch: (DF)</b> Breaded Chicken Breast Sandwich, fresh fruit, and veggies</p> <p><b>Alt. Lunch: (V)</b> Bean and Cheese Burrito, fresh fruit, and veggies</p>	<p><b>Breakfast:</b> Dipperdoodle Bar, String Cheese, fresh fruit</p> <p><b>Lunch: (V, GF, DF)</b> Egg Fried Rice, Whole Wheat Roll - I/W, fresh fruit, and veggies, and veggies</p> <p><b>Alt. Lunch:</b> Turkey Hot Dog with Fries, fresh fruit, and veggies</p> <p><b>Alt. Lunch:</b></p>	<p><b>Breakfast:</b> Honey Nut Cereal Bowl, fresh fruit</p> <p><b>Lunch: (DF)</b> Chicken Bites, Whole Wheat Roll - I/W, fresh fruit, and veggies, and veggies</p> <p><b>Alt. Lunch:</b> Cheesy Quesadilla with Refried Beans, fresh fruit, and veggies</p>	<p><b>Breakfast:</b> WG Pumpkin Muffin, String Cheese, fresh fruit</p> <p><b>Lunch: (V)</b> Traditional Pizza Bagel, fresh fruit, and veggies</p> <p><b>Alt. Lunch: (V)</b> Bean and Cheese Burrito, fresh fruit, and veggies</p>
<p><b>Lunch:</b> No School</p>	<p><b>Lunch:</b> No School</p>	<p><b>Lunch:</b> No School</p>	<p><b>Lunch:</b> No School</p>	<p><b>Lunch:</b> No School</p>
<p><b>Breakfast:</b> Honey Nut Cereal Bowl, Fruit Juice, 10oz</p> <p><b>Lunch: (V)</b> Mac and Cheese, Whole Wheat Roll - I/W, fresh fruit, and veggies, and veggies</p> <p><b>Alt. Lunch: (DF)</b> Chicken Bites, Whole Wheat Roll - I/W, fresh fruit, and veggies, and veggies</p>	<p><b>Breakfast:</b> Apple Chunk Muffin, String Cheese, fresh fruit</p> <p><b>Lunch: (DF)</b> BBQ Chicken Sandwich, fresh fruit, and veggies</p> <p><b>Alt. Lunch: (V, GF, DF)</b> Egg Fried Rice, Whole Wheat Roll - I/W, fresh fruit, and veggies</p>	<p><b>Breakfast:</b> Dipperdoodle Bar, Yoplait Raspberry Yogurt Cup, fresh fruit</p> <p><b>Lunch:</b> Corn Dog Bites with Fries, fresh fruit, and veggies</p> <p><b>Alt. Lunch:</b> Cheesy Quesadilla with Refried Beans, fresh fruit, and veggies</p>	<p><b>Breakfast:</b> Raisin Bran Flakes Bowl, Applesauce Cup, fresh fruit</p> <p><b>Lunch: (V)</b> Pasta Alfredo, Garlic Bread, fresh fruit, and veggies</p> <p><b>Alt. Lunch: (V)</b> Rolled Enchiladas with Refried Beans, fresh fruit, and veggies</p>	<p><b>Breakfast:</b> WG Pumpkin Muffin, String Cheese, fresh fruit</p> <p><b>Lunch: (V)</b> Traditional Pizza Bagel, fresh fruit, and veggies</p> <p><b>Alt. Lunch: (DF)</b> Teriyaki Chicken with Rice, Whole Wheat Roll - I/W, fresh fruit, and veggies</p>
<p><b>Breakfast:</b> Original Cheerios Bowl, fresh fruit</p> <p><b>Lunch: (V)</b> Mozzarella Pasta Bake, Whole Wheat Roll - I/W, fresh fruit, and veggies</p> <p><b>Alt. Lunch:</b> Corn Dog Bites with Fries, fresh fruit, and veggies</p>	<p><b>Breakfast:</b> Whole Wheat Bagel, Cream Cheese Packet, Fruit Juice, 10oz</p> <p><b>Lunch: (V)</b> Rolled Enchiladas with Refried Beans, Whole Wheat Roll - I/W, fresh fruit, and veggies</p> <p><b>Alt. Lunch:</b> Cheesy Quesadilla with Refried Beans, fresh fruit, and veggies</p>	<p><b>Breakfast:</b> Apple Chunk Muffin, Yoplait Raspberry Yogurt Cup, fresh fruit</p> <p><b>Lunch: (V, GF, DF)</b> Egg Fried Rice, Ranch Dressing Packet, Whole Wheat Roll - I/W, fresh fruit, and veggies, and veggies</p> <p><b>Alt. Lunch:</b> Chicken Caesar Salad Tray, Whole Wheat Roll - I/W, fresh fruit, and veggies</p>	<p><b>Breakfast:</b> Pancake, Fruit Spread - Strawberry, fresh fruit</p> <p><b>Lunch: (V)</b> Traditional Pizza Bagel, fresh fruit, and veggies, and veggies</p> <p><b>Alt. Lunch:</b> Chicken Quesadilla with Refried Beans, fresh fruit, and veggies, and veggies</p>	<p><b>Breakfast:</b> WG Pumpkin Muffin, fresh fruit</p> <p><b>Lunch:</b> Chicken Bites with Fries, Whole Wheat Roll - I/W, fresh fruit, and veggies</p> <p><b>Alt. Lunch: (V, GF)</b> Macho Nacho Pack, fresh fruit, and veggies</p>
<p><b>Breakfast:</b> Honey Nut Cereal Bowl, Hardboiled Egg, fresh fruit</p> <p><b>Lunch:</b> Corn Dog Bites with Fries, fresh fruit, and veggies</p> <p><b>Alt. Lunch: (V)</b> Mozzarella Pasta Bake, Whole Wheat Roll - I/W, fresh fruit, and veggies</p>				

DF - Dairy Free

GF - Gluten Free

V - Vegetarian

ALL MEALS ARE SERVED WITH FRESH FRUITS AND ALL MEALS ARE SERVED WITH A VARIETY OF MILK

The USDA and Summit are equal opportunity providers.