



FEATURE OF THE MONTH

Montecucco Farms

Farming a total of 500 acres, Montecucco Farms grows cucumbers, rhubarb, beans, rutabagas, turnips, beets and parsnips on more than a dozen scattered parcels of land in Clackamas County. The Montecucco's began farming in 1926 and they are now one of the metro area's largest producers of fresh market vegetables!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>1</p> <p>Breakfast: Pancake, Fruit Spread - Strawberry, fresh fruit</p> <p>Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies, and veggies</p> <p>Alt. Lunch: Chicken Quesadilla with Refried Beans, fresh fruit, and veggies</p>	<p>2</p> <p>Breakfast: Banana Muffin, String Cheese, fresh fruit</p> <p>Lunch: Chicken Bites with Fries, Whole Wheat Roll - I/W, fresh fruit, and veggies</p> <p>Alt. Lunch: Meaty Taco Salad, fresh fruit, and veggies</p> <p>Alt. Lunch: (V, GF) Macho Nacho Pack, fresh fruit, and</p>
<p>5</p> <p>Breakfast: Honey Nut Cereal Bowl, Hardboiled Egg, fresh fruit</p> <p>Lunch: Corn Dog Bites with Fries, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Mozzarella Pasta Bake, Whole Wheat Roll - Bulk, fresh fruit, and veggies, and veggies</p>	<p>6</p> <p>Breakfast: WG Pumpkin Muffin, Yoplait Raspberry Yogurt Cup, Fruit Juice, 10oz</p> <p>Lunch: Chicken Pasta Alfredo, Whole Wheat Roll - I/W, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Roasted Garlic Pizza Bagel, fresh fruit, and veggies</p>	<p>7</p> <p>Breakfast: Dipperdoodle Bar, String Cheese, fresh fruit</p> <p>Lunch: Chicken Quesadilla with Refried Beans, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Bean and Cheese Burrito, fresh fruit, and veggies, and veggies</p>	<p>8</p> <p>Breakfast: Raisin Bran Flakes Bowl, Yoplait Raspberry Yogurt Cup, fresh fruit</p> <p>Lunch: (DF) Crunchy Chicken Tacos, fresh fruit, and veggies</p> <p>Alt. Lunch: (V, GF, DF) Egg Fried Rice, fresh fruit, and veggies</p>	<p>9</p> <p>Breakfast: WG Pumpkin Muffin, String Cheese, fresh fruit</p> <p>Lunch: (V) Traditional Pizza Bagel, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Mac and Cheese, Whole Wheat Roll - Bulk, fresh fruit, and veggies</p>
<p>12</p> <p>Breakfast: Honey Nut Cereal Bowl, Yoplait Raspberry Yogurt Cup, fresh fruit</p> <p>Lunch: (V, GF, DF) Egg Fried Rice, Whole Wheat Roll - I/W, fresh fruit, and veggies, and veggies</p> <p>Alt. Lunch: (V) Roasted Garlic Pizza Bagel, fresh fruit, and veggies, and veggies</p>	<p>13</p> <p>Breakfast: Banana Muffin, Hardboiled Egg, fresh fruit</p> <p>Lunch: Green Chili Chicken Burrito with Refried Beans, fresh fruit, and veggies</p> <p>Alt. Lunch: Cheesy Quesadilla with Refried Beans, fresh fruit, and veggies</p>	<p>14</p> <p>Breakfast: Apple Chunk Muffin, String Cheese, fresh fruit</p> <p>Lunch: (GF Filling, DF) Soft Chicken Tacos (chopped), fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Mac and Cheese, Whole Wheat Roll - Bulk, fresh fruit, and veggies</p>	<p>15</p> <p>Breakfast: Dipperdoodle Bar, Yoplait Raspberry Yogurt Cup, fresh fruit</p> <p>Lunch: (DF) Teriyaki Chicken with Rice, Whole Wheat Roll - Bulk, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Rolled Enchiladas with Refried Beans, fresh fruit, and veggies</p>	<p>16</p> <p>Lunch: No School</p>
<p>19</p> <p>Breakfast: Honey Nut Cereal Bowl, Yoplait Raspberry Yogurt Cup, Fruit Juice, 10oz</p> <p>Lunch: (V) Pasta Alfredo, Garlic Bread, fresh fruit, and veggies, and veggies</p> <p>Alt. Lunch: (V) Mozzarella Pasta Bake, Garlic Bread, fresh fruit, and veggies, and veggies</p>	<p>20</p> <p>Breakfast: Apple Chunk Muffin, String Cheese, fresh fruit</p> <p>Lunch: (DF) BBQ Chicken Sandwich, fresh fruit, and veggies, and veggies</p> <p>Alt. Lunch: Cheesy Quesadilla with Refried Beans, fresh fruit, and veggies</p>	<p>21</p> <p>Breakfast: Dipperdoodle Bar, Yoplait Raspberry Yogurt Cup, fresh fruit</p> <p>Lunch: Green Chili Chicken Burrito with Refried Beans, fresh fruit, and veggies</p> <p>Alt. Lunch: (V, GF) Macho Nacho Pack, fresh fruit, and veggies</p>	<p>22</p> <p>Breakfast: Raisin Bran Flakes Bowl, Applesauce Cup, Fruit Juice, 6oz</p> <p>Lunch: (V) Mac and Cheese, Whole Wheat Roll - I/W, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Rolled Enchiladas with Refried Beans, fresh fruit, and veggies</p>	<p>23</p> <p>Breakfast: WG Pumpkin Muffin, String Cheese, fresh fruit</p> <p>Lunch: (V) Roasted Garlic Pizza Bagel, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Sunflower Butter & Jelly Sandwich, String Cheese, fresh fruit, and veggies</p>
<p>26</p> <p>Breakfast: Original Cheerios Bowl, Hardboiled Egg, fresh fruit</p> <p>Lunch: Chicken Stuffing & Gravy, Whole Wheat Roll - I/W, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Mozzarella Pasta Bake, Whole Wheat Roll - I/W, fresh fruit, and veggies</p>	<p>27</p> <p>Breakfast: Whole Wheat Bagel, Cream Cheese Packet, Fruit Juice, 10oz</p> <p>Lunch: (V) Bean and Cheese Burrito, fresh fruit, and veggies</p> <p>Alt. Lunch: Cheesy Quesadilla with Refried Beans, fresh fruit, and veggies</p>	<p>28</p> <p>Breakfast: Apple Chunk Muffin, Yoplait Raspberry Yogurt Cup, fresh fruit</p> <p>Lunch: Hamburger with Fries, Ranch Dressing Packet, fresh fruit, and veggies, and veggies</p> <p>Alt. Lunch: (V) Rolled Enchiladas with Refried Beans, Ranch Dressing Packet, fresh fruit, and</p>	<p>29</p> <p>Breakfast: Pancake, Fruit Spread - Strawberry, fresh fruit</p> <p>Lunch: (DF) Whole Grain Corn Dog Bites, fresh fruit, and veggies</p> <p>Alt. Lunch: (V) Mac and Cheese, Whole Wheat Roll - I/W, fresh fruit, and veggies, and veggies</p>	<p>30</p> <p>Lunch: No School</p>

DF - Dairy Free

GF - Gluten Free

V - Vegetarian

ALL MEALS ARE SERVED WITH FRESH FRUITS AND VEGETABLES
ALL MEALS ARE SERVED WITH A VARIETY OF MILK

The USDA and Summit are equal opportunity providers.